2026 REVERSE ADVENT CALENDAR

For more information: www.caritasbrentwood.org/resource/advent

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29 Tinned Soup	30 Cereal Bars	1 Instant Noodles	2 Jam / Spread	3 Socks (size 6-11)	4 Tissues	5 Sanitary Products
6 Cookies / Biscuits	7 Wet Wipes	8 Pasta Sauce	9 Pasta	10 Coffee Sachets	11 Tinned Meals	12 Shower Gel
13 UHT Milk	14 Instant Porridge	15 Toothbrush/paste	16 Squash/Cordial	17 Tinned Fruit	18 Selection Box	19 Hot Choocolate
20	21	22	23	24	25	

It's time to donate your collected items and pray for those who are receiving them.



This Advent, Caritas Brentwood invites you to prepare your heart through giving by gathering essential items for neighbours in need and delivering them to your local foodbank in time for Christmas.

May every gift we wrap, every party we go to, and every meal we share turn our hearts toward You. Help us make room for Your coming, and let this season be more about how we love one another. Amen.